

5 TOP MESSAGES

- 1. Only use the recovery position for casualties who do NOT meet the criteria for the initiation of rescue breathing or chest compressions (CPR)**
- 2. Use stroke scale assessment protocols for the early recognition of stroke**
- 3. When exertional or non-exertional heatstroke is suspected, immediately remove the casualty from the heat source, commence passive cooling and use additional, available cooling techniques**
- 4. To control severe-life threatening bleeding, apply direct pressure and consider the use of a haemostatic dressing or the application of a tourniquet**
- 5. For thermal burns, remove the casualty from the heat source and commence immediate cooling of the burn with cold or cool water for 20 minutes. Loosely cover the burn with a dry, sterile dressing or cling wrap**